



# FORUM 2019

Focused Overviews Reviews & Updates in Medicine



Attracts  
CME Credit points  
from Tamilnadu  
Dr.MGR Medical  
University &  
Tamilnadu Medical  
Council

FORUM 2019  
invites  
Paper  
&  
Poster Presentations

## The Clinician and the Laboratory

Organised by  
SMF Academy of CME  
**SUNDARAM MEDICAL FOUNDATION**  
Dr Rangarajan Memorial Hospital

### FORUM 2019

Scientific Program

Date :  
**FEBRUARY 16, 2019**

Venue :  
**HOTEL SAVERA**  
146, Dr Radha Krishnan Salai,  
Mylapore, Chennai - 600 004.

# FORUM 2019

Sundaram Medical Foundation takes great pleasure in inviting you to attend FORUM 2019. FORUM is an annual conference which holds the unique distinction of being conducted regularly for the past 20 years, catering to primary care providers, practicing physicians and post graduates.

SMF places academic pursuits on par with clinical activities as we realize that excellence in patient care will only come from continuous update of the understanding of diseases, newer diagnostic and therapeutic options. A committed physician has to provide quality care in an atmosphere of economic limitations, complex psychosocial issues, and an increasing awareness about health and related issues among the public. The scientific content in FORUM is designed to meet these requirements of the busy clinician.

The theme of this year's FORUM is 'The Clinician and the Laboratory' and the organizing team of FORUM 2019 has put together a one day program with carefully chosen topics of relevance and importance to be delivered by experts in a concise yet complete manner. The sessions will be largely case scenario based which will enable applied learning.

## About SMF

Sundaram Medical Foundation (SMF) was established in 1994 with the primary objective of providing quality

medical care at an affordable cost to middle and lower income groups in the community. Within a short span of twenty four years, under the vision and guiding hand of Dr.S.Rangarajan, Founder and Managing Trustee, the hospital has risen to a pre-eminent position in the health care scene, locally and nationally. It has set a standard and provided an effective and cost conscious model of health care delivery tailored to the needs and limitations of urban India.

## The SMF Advantage

A non-profit trust set up by the Sundaram Finance Group of Companies, SMF is not burdened by high debt servicing costs or debt repayment obligations. Economics in project design and implementation, scrupulous scrutiny of all medical equipment purchases for appropriateness and a carefully tailored group of in-house quality assurance programs, have resulted in cost saving that has been passed on to the community.

## Academic activities at SMF

SMF is accredited to the National Board of Examinations for training post graduates in ten specialties. SMF also trains aspirants for the MRCP, MRCEM and MRCPCH examinations, conducted by the Royal Colleges, UK. All the programs are much sought after, due to the reputation that the institution has in the field of medical education.

# FORUM 2019

February 16, 2019

## TIME

## PROGRAMME

08.15 am	Registration
08.50 am	Welcome
<b>SESSION I</b>	<b>WHEN TIME MATTERS</b>
09.00 am - 09.20 am	Decoding ABG in the ER <b>Dr.Waseem Ahmed</b> , SMF, Chennai
09.20 am - 09.40 am	Cardiac enzymes <b>Dr.D.Prabhakar</b> , Apollo Hospitals & Dr. Mehta's Hospital, Chennai
09.40 am - 10.00 am	Sepsis <b>Dr.S.Mahendran</b> , SIMS, Chennai
10.00 am - 10.20 am	Brain Natriuretic Peptide and Procalcitonin <b>Dr.M.Prabhu</b> , SMF, Chennai
10.20 am - 10.30 am	Audience interaction
10.30 am - 10.45 am	Tea
<b>SESSION II</b>	<b>SCREENING FOR DISEASE DOWN UNDER</b>
10.45 am - 11.05 am	Urinary cultures <b>Dr.T.Vaidehi</b> , SMF, Chennai
11.05 am - 11.20 am	Proteinuria <b>Dr.M.Sivalingam</b> , SMF, Chennai
11.20 am - 11.35 am	Prostate Specific Antigen <b>Dr.M.Ganesh Kamath</b> , SMF, Chennai
11.35 am - 11.45 am	Audience interaction
<b>GUEST LECTURE</b>	
11.45 am - 12.15 pm	Recent Advances in Tuberculosis <b>Dr. M.S.Jawahar</b> , Former Scientist G, NIRT, Chennai
<b>SESSION III</b>	<b>HEMATOLOGY &amp; HEPATOLOGY</b>
12.15 pm - 12.35 pm	Anemia <b>Dr.K.Krishnarathnam</b> , SMF, Chennai
12.35 pm - 12.55 pm	Interpretation of Hepatitis viral markers <b>Dr.K.Raja Yogesh</b> , Medindia Hospitals, Chennai

12.55 pm - 01.15 pm	Interpretation of abnormal LFTs <b>Dr.R.S.Arun</b> , Madras Medical Mission, Chennai
01.15 pm - 01.25 pm	Audience interaction
01.25 pm - 02.10 pm	LUNCH
<b>SESSION IV</b>	<b>DIZZINESS, DISORIENTATION AND DISASTER</b>
02.15 pm - 02.55 pm	Hyponatremia - Panel discussion Moderator : <b>Dr.T.Girija</b> , SMF, Chennai Panellists : <b>Dr.Rajendran Magesh</b> , Apollo Hospitals, Chennai <b>Dr.S.Suresh</b> , VS Hospitals & Frontier Life Line <b>Dr.Shriraam Mahadevan</b> , SMF, Chennai
02.55 pm - 03.05 pm	Audience interaction
<b>SESSION V</b>	<b>POT POURRI</b>
03.05 pm - 03.25 pm	Selection and utilisation of Laboratory services <b>Dr.V.K.Ramadesikan</b> , SMF, Chennai
03.25 pm - 03.45 pm	Auto antibodies in Connective Tissue Disorders <b>Dr.M.M.Kavitha</b> , Saveetha Medical College & Hospital, Chennai
03.45 pm - 04.05 pm	Serum cortisol estimation - For whom, when and why <b>Dr.Shriraam Mahadevan</b> , SMF, Chennai
04.05 pm - 04.25 pm	Cytogenetics, tumour markers and IHC for the clinician <b>Dr.S.G.Ramanan</b> , Apollo Speciality & Kumaran Hospitals
04.25 pm - 04.45 pm	Audience interaction
<b>SESSION VI</b>	<b>PEDIATRICS</b>
04.45 pm - 05.05 pm	Direct Coomb's test <b>Dr.Anila Anna Mathan</b> , Apollo Speciality Hospitals, Chennai
05.05 pm - 05.25 pm	Inflammatory markers in peadiatric infections <b>Dr.K.Sasidharan</b> , SMF, Chennai
05.25 pm - 05.40 pm	Valedictory function

# FORUM 2019

## REGISTRATION FORM – CONFERENCE

Name :			
Qualification :			
Mailing Address :			
Phone/Mobile No. :			
Email:			
Scientific Presentation:	PAPER <input type="checkbox"/>	POSTER <input type="checkbox"/>	BOTH <input type="checkbox"/>
Practice:	Clinic <input type="checkbox"/>	Nursing Home <input type="checkbox"/>	Hospital <input type="checkbox"/> PG <input type="checkbox"/>

Conference	Rs. 1,000/-
Spot registration	Rs. 1,000/-

Bank Details : **Sundaram Medical Foundation**  
 Ac no. 50200021389246, IFSC. HDFC0000017, Bank. HDFC, Branch. Annanagar

**DD/Cheque to be drawn in favor of “FORUM-SMF”**

Cheque / DD / NEFT/RTGS No: ..... for Rs.: .....

Bank : ..... Date: .....

### MAILING ADDRESS

The Organising Secretary - FORUM 2019

## Sundaram Medical Foundation

Dr. Rangarajan Memorial Hospital

Door No. 42-46, A.D. Block, Shanthi Colony, Anna Nagar, Chennai 600 040

♦ Phone: 044-26144100 ♦ Mobile : 9840467364, 9941007744 ♦ Fax: 044-26284257

♦ Web: [www.smfhospital.org](http://www.smfhospital.org) ♦ Email: [forum2019smf@gmail.com](mailto:forum2019smf@gmail.com)

# FORUM 2019 invites scientific papers for oral and poster presentations on the theme “Laboratory and the Clinician”.

## GUIDELINES FOR SCIENTIFIC PAPER PRESENTATIONS

1. All participants should register for FORUM 2019.
2. All postgraduate students should enclose a bonafide certificate from their HOD.
3. Abstracts shall not be more than 250 words formatted in MS word, Times New Roman style and a font size 12, in both powerpoint 2007 & 2010 format. It should reach the scientific committee on or before 5/2/2019.
4. The maximum time for each paper presentation per candidate is 6 minutes.
5. The scientific abstract should be submitted online only to forum2019smf@gmail.com.
6. A delegate can present only one paper. Poster presentation can be additional.
7. Material for projection should be handed over at the conference venue on 16/2/2019.
8. Only LCD projection is available, personal laptops will not be permitted.
9. Two minutes will be allotted after each presentation for discussion and to field questions from the moderator and audience.

## GUIDELINE FOR POSTER PRESENTATION

1. The size of the poster should be 4 feet height by 3 feet width.
2. Font should be large and readable from a distance of 3 meters.
3. The poster should be printed on poster or flex.
4. Name and photograph of the presenter should be on the right upper corner of the poster.
5. If a post graduate is making the presentation the name of the teacher and the institution should not be mentioned on the poster.
6. Schedule of oral presentations, according to the numbers assigned shall be informed at the registration counter at the venue.
7. Each poster shall be presented before and critiqued by a jury .

## Prizes:

- Prizes will be awarded for the best presentation in each category

# FORUM 2019

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### PATRONS

- Mr. R. Ramanujam (Chairman & Managing Trustee)
- Dr. Vijayabharathi Rangarajan (Trustee & Director Community Services)
- Dr. Arjun Rajagopalan (Trustee & Advisor)
- Mr. S. Ravindran (Trustee in Charge)
- Mr. T.N.P. Durai (Trustee & Director Administration)

### CONVENOR

- Dr. P.V.Jayasankar (Trustee & Medical Director)

### CO-CONVENORS

- Dr. T.Girija (Deputy Medical Director)
- Dr. M.Satyajit (Deputy Medical Director)

### ORGANIZING TEAM

- Dr. T.Girija
- Dr. Alfred Arulraj Solomon
- Dr. V.Sumathi
- Dr. G.Sivagama Sundari

### COMMUNICATION

Ms. R.Sandhya – FORUM Secretary  
Phone: 044 (26144218), 9840467364  
Email: forum2019smf@gmail.com



## **SUNDARAM MEDICAL FOUNDATION**

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